



The Heavy Cost of Being Overweight

- Nearly 70% of the U.S. population is considered overweight, with an astounding 1 in 3 being obese.
- Researchers predict that by 2030, nearly half of American adults will be obese if the current trend continues.*
- Obesity is a major health issue that results in many diseases, an increased risk of certain cancers, coronary artery disease, Type 2 diabetes, stroke, cardiovascular disease, osteoarthritis, sleep apnea and substantial increases in early mortality and economic costs.
- Obesity increases the risk of developing severe symptoms of COVID-19. People may require treatment in intensive care units or even mechanical assistance to breathe.**

* Dr. Donald Hensrud, Director of the Mayo Clinic Healthy Living Program

** MayoClinic.org

THE DOCTOR AS PATIENT

One of the doctor’s at the Chipley clinic believes in this medication so much, he takes it himself and successfully lost a lot of weight. As a physician, he was initially skeptical before learning about the drug. But, a gentle nudge about his weight gain from a medical partner and friend set him along a path to lose over 40 pounds on the drug. The friend was slim and trim – now – but showed the doctor a photo of himself being morbidly obese before the medication. That’s all it took. The doctor went from an abject skeptic to a resolute advocate.

CLINICS AND PEOPLE WITH A MISSION

Doctors Medical Weight Loss Clinic is now partnering with local entrepreneurs to open clinics across the country and bring access to this revolutionary, life-changing treatment plan to people everywhere. Each clinic is staffed with a trained, state-licensed physician and a team dedicated to helping men and women to lose weight. **KC Trim Clinic** empowers people to get their lives back and enhances physical and emotional well-being to live a longer, happier and healthier life.



Blake Nations, CEO, Riley Medical, LLC

No newcomer to the medical field, Blake has over 32 years of experience as a physician placement specialist with a long-standing reputation in clinic management and business development in the specialty medical clinic field